



PERINATAL MENTAL HEALTH TRAINING

‘Learning from Lived Experience’

Multiprofessional Education for Primary Care 9-4pm

Tuesday 27th February

Delta Marriott Nottingham Belfry

Tuesday 5th March

The Holiday Inn Birmingham Airport

Are you passionate about improving outcomes for those affected by Perinatal Mental Illness within Primary Care?

Would you like to attend this ‘Train the Champion’ event which will provide you with the knowledge and skills to help educate others within your locality?

Using real-life case studies alongside influential speakers in the field of PNMI this course aims to:

- Improve your confidence in detecting, assessing and managing perinatal mental illness.
- Connect you with multidisciplinary primary care staff with a shared interest.
- Cover a variety of essential topics such as:
 - PostPartum Psychosis
 - Perinatal OCD and Safeguarding concerns
 - PTSD and generational trauma
 - Prescribing in PNMI
 - Prioritising the Postnatal check

We are delighted to be joined by Action on Postpartum Psychosis, Maternal Mental Health Alliance, NHS Talking Therapies, Chair of the GPCPC, local Perinatal Psychiatry Consultants and representatives from the voluntary sector.

Open to ALL Midlands based NHS Primary Care Professionals

Developed and delivered by Coventry and Warwickshire Training Hub

**1 in 5 mums
experience
perinatal mental
illness**

**More than 50% are
left untreated**

**Learn more about
detecting and
supporting PNMI**

**Limited number of
fully FUNDED places
available**

**INCLUDES FREE
TRAINING RESOURCES
PACK**



Sign up using the QR code

or via our website

[Midlands PNMIH](#)